

Coaching Neurodivergent Learners 2025 Course Outline

12 live virtual class hours, 8 self-study hours – 20 ICF CCEUs

REQUIRED BOOKS

Dawson, P & Guare, R., *The Smart But Scattered Guide to Success*. 2016.
Sleeper-Triplett, J. *Empowering Youth with ADHD*. 2010.

LESSON 1

ADHD/NEURODIVERSITY COACHING
ETHICAL CONDUCT AND EMBODYING A COACHING MINDSET
THE COACHING STRUCTURE FOR TEENS & COLLEGE STUDENTS

LESSON 2

SELF-MANAGEMENT WHEN COACHING
THE IMPORTANCE OF CULTIVATING TRUST AND SAFETY WITH YOUR CLIENTS
NEUROPLASTICITY AND COACHING

LESSON 3

NEURODIVERSITY
COACHING NEURODIVERGENT LEARNERS
STRENGTH-BASED COACHING

LESSON 4

FACETS OF NEURODIVERSITY AND COMORBIDITIES
ACCOUNTABILITY IN COACHING

LESSON 5

COACHING STRATEGIES FOR NEURODIVERGENT LEARNERS
GROWTH MINDSET
COACHING RESEARCH

LESSON 6

SHIFTING THE COACHING PROCESS
COACHING STRATEGIES FOR ALL AGES
APPLYING NEW LEARNING TO COACHING